

**Symposium on  
Probiotics for Health – An Indian Perspective**

**Friday, February 20, 2009**

**Desire Hall, Hotel Le Meridien, Janpath, New Delhi**

*Symposium Agenda*

**Sponsored By**

**International Life Sciences Institute - India  
(ILSI – India)**

**Co-sponsored By**

**Indian Council of Medical Research (ICMR)  
National Institute of Nutrition (NIN)  
National Dairy Research Institute (NDRI)  
National Institute of Food Technology,  
Entrepreneurship and Management (NIFTEM)**

# Symposium on Probiotics for Health – An Indian Perspective

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## *Symposium Agenda*

### *09.30– 10.00 Hrs. Opening Session*

- **Welcome Address**  
Mr. D. H. Pai Panandiker, ILSI-India
- **Keynote Address on  
Clinical Effects of Probiotics: A Pediatrician's Perspective**  
Dr. Marko Kalliomaki, University of Turku, Finland
- **Vote of Thanks**  
Dr. G. M Tewari, ILSI-India

**10.00-10.15 Hrs. Tea Break**

### *10.15 – 11.45 Hrs. Session I: Probiotics and Gut Health*

**Chair: Prof. Rekha Sharma**  
Director, Diabetes Foundation (India), Gurgaon

**Dr. G M Tewari**  
President, ILSI-India

- **Recent Advancements in Probiotics/ Prebiotics for Health Promotion**  
Dr Rama Chaudhary, All India Institute of Medical Sciences, New Delhi
- **Gut Microbiota and Health**  
Dr B Sesikeran, National Institute of Nutrition, Hyderabad
- **Efficacy of Indian Probiotics Cultures**  
Dr Sunita Grover, National Dairy Research Institute, Karnal
- **Discussions**

11.45 -13.30 Hrs.

*Session II: Probiotics and Immunity*

**Chair: Dr. Marko Kalliomaki,**  
University of Turku, Finland

**Dr. Charoo Hans**  
HOD, (Microbiology), Dr. R. M. L Hospital,  
and Directorate General of Health Services, New Delhi

- **Immunomodulatory Effects of Probiotics and their Implications for Human Health**  
Dr Harsharn Gill, Department of Primary Industries, Australia
- **Safety and Risks of Probiotics**  
Dr. Sampo Lahtinen, Danisco, Finland
- **An overview of Guidelines and Regulations for Probiotics**  
Dr V K Batish, National Dairy Research Institute, Karnal
- **Discussions**

13.30 – 14.30 Hrs.

**Lunch**

14.30-16.00 Hrs.

*Session III: Product Development & Consumer Response*

**Chair: Dr Harsharn Gill, Research Director**  
Department of Primary Industries, Australia

- **Probiotics Based Health Foods**  
Dr. Sampo Lahtinen, Danisco, Finland
- **Consumer Perception, Information and Communication Strategies**  
Mr. Vasudevan Krishnan, Nestle India Ltd., Gurgaon
- **Discussions**

16.00-17.30 Hrs.

*Panel Discussion: Gaps in Knowledge and The Way Forward*

**Chair: Dr. B. Sesikeran, Director**  
National Institute of Nutrition, Hyderabad

**Panel of Experts:**

Dr V K Batish  
Dr Rama Chaudhary  
Dr Harsharn Gill  
Dr Marko Kalliomaki

- **Observations by Panel of Experts**
- **Discussions**

17.30 Hrs.

*Concluding Session*