

# **Conference On Whole Grains For Promoting Health**

## **Production, Consumption, Utilization & Health Benefits**

Sovereign Hall, Hotel Le Meridien, New Delhi, February 10, 2017

Organized By

**International Life Sciences Institute-India**

In association with

**Ministry of Food Processing Industries, GOI**

### **AGENDA**

09.00-09.30 Hrs.	<b>Registration &amp; Tea</b>
09.30-10.30 Hrs.	<b>Opening Session</b>
	<b>Welcome Address</b> <b>Mr. D H Pai Panandiker</b> , Chairman, ILSI-India, New Delhi
	<b>Opening Address</b> <b>Mr. Avinash K Srivastava</b> , Secretary, Ministry of Food Processing Industries, Government of India, New Delhi
	<b>Vote of Thanks</b> <b>Mr. N M Kejriwal</b> , President, ILSI-India, New Delhi
10.30-11.00 Hrs.	<b>Tea Break</b>
11.00-13.30 Hrs.	<b>Session One: Whole Grain &amp; Human Nutrition: Scientific Update</b>
	<b>Chair</b>
	<b>Dr. P. Saxena,</b> Additional DDG Ministry of Health & Family Welfare, GOI
	<b>Dr. A S Bawa,</b> Director, Amity Institute of Food Technology Former Director, DFRL
11.00-11.10 Hrs.	<b>Observations By Chair</b>
	<b>Intakes &amp; Barriers to Consumption of Whole Grains</b> <b>Dr. Sudha Vasudevan</b> , Sr. Scientist & Head, Department of Foods, Nutrition & Dietetics Research (FNDR) Madras Diabetes Research Foundation, Chennai
	<b>Nutrient Profile of Select Whole Grains &amp; Health Benefits:</b>
	<ul style="list-style-type: none"><li>• <b>Nutritive Value Of Wheat And Brown Rice And Their Health Benefits</b> <b>Dr. T Longvah</b>, Director -In charge, National Institute of Nutrition Hyderabad</li><li>• <b>Oats and Health: Evidence Based Research</b> <b>Dr Yi Fang Chu</b>, R&amp;D Director, PepsiCo R&amp;D Nutrition, USA</li><li>• <b>Nutritive Value Of Millets And Their Health Benefits</b> <b>Dr S Shobana</b>, Scientist, Department of Foods Nutrition and Dietetics Research, Madras Diabetes Research Foundation, Chennai</li><li>• <b>Dietary Guidelines for Whole Grain Consumption</b> <b>Ms. Rekha Sharma</b>, President and Director, Nutrition and Dietetics, Diabetes Foundation (India) , New Delhi</li></ul>
	<b>Discussion</b>
13.10-13.20 Hrs.	<b>Sum Up By Chair</b>
13.30-14.15 Hrs.	<b>Lunch Break</b>

14.15- 16.00 Hrs.	<b>Session Two: Value Added Products With Health Benefits</b>
	<b>Chair</b>
	<b>Dr. Kamala Krishnaswamy</b> Emeritus Medical Scientist (ICMR)
	<b>Dr. T Longvah</b> Director In-charge, NIN
<b>14.15-14.25 Hrs.</b>	<b>Observations By Chair</b>
	<p><b>Whole Grain Products</b>  <b>Dr Srinivas. A</b>, Senior Principal Scientist and Head of the Department of Grain Science and Technology, CSIR - Central Food Technological Research Institute, Mysuru</p> <p><b>Mixed Grain Products</b>  <b>Dr. Sagar Kurade</b>, Managing Director, Suman Project Consultants (P) Ltd., New Delhi</p> <p><b>Fortified Foods Products</b>  <b>Dr. K. Madhvan Nair</b>, Scientist F, Micronutrient Research, National Institute of Nutrition (retd.), Hyderabad</p> <p><b>Enriched Foods With Value Added Ingredients</b>  <b>Dr. Ravindra Kumar</b>, Quality and Food Safety Lead – AP, DuPont, Nutrition and Health, Gurgaon</p> <p><b>Discussion</b></p>
15.45 -16.00 Hrs.	<b>Sum Up By Chair</b>
16.00-17.15 Hrs.	<b>Panel Discussion</b> <b>Breaking Barriers – Popularizing Whole Grain Products</b>
	<b>Chair: Mr. D H Pai Panandiker</b> Chairman, ILSI-India
<b>16.00-16.10 Hrs.</b>	<b>Observations By Chair</b>
	<b>Observations by Panel of Experts:</b>
	<p><b>Dr. Rakesh Kumar Sharma</b>, Director, Defence Food Research Laboratory, Mysuru</p> <p><b>Ms. Rekha Sharma</b>, President and Director, Nutrition and Dietetics, Diabetes Foundation (India) , New Delhi</p> <p><b>Dr Shilpa Joshi</b>, Hon Secretary, All India Association for Advancing Research in Obesity, Mumbai</p> <p><b>Dr Santosh Jain Passi</b>, PHN Expert &amp; Former Director, Institute of Home Economics, University of Delhi, New Delhi</p> <p><b>Mr. Devender Kumar</b>, Vice President, F &amp; B, Hotel Le Meridien, New Delhi</p> <p><b>Ms. Ankita Marwaha</b>, Associate Director-Nutrition Sciences, PepsiCo India Holdings Pvt. Ltd., Gurgaon</p> <p><b>Dr. Ravindra Kumar</b>, Quality and Food Safety Lead – AP, DuPont, Nutrition and Health, Gurgaon</p> <p><b>Discussion</b></p>
<b>17.00 Hrs.</b>	<b>Sum Up By Chair</b>
17.15 Hrs.	<b>Tea Break</b>