

Scientific Conference on Understanding and Managing Sweetness

Thursday, 17 September 2009
Hotel Taj Mahal, Mansingh Road
New Delhi, India

Sponsored by

International Life Sciences Institute – India
(ILSI-India)
&
OLDWAYS

0930-1030 Hrs. INAUGURAL SESSION

0930 Hrs. Welcome Address
Mr D H Pai Panandiker
Chairman, ILSI-India

0940 Hrs. Keynote Address: The Context for Managing Sweetness
Dr K. Dun Gifford PhD
President and Founder, Oldways (Boston, USA)

1000 Hrs. Inaugural Address
Mr Ashok Sinha
Secretary, Ministry of Food Processing Industries
Government of India

1025 Hrs. Vote of Thanks
Mr N M Kejriwal
President, ILSI-India

1030-1100 Hrs. TEA BREAK

1100-1225 Hrs. **SESSION 1- BALANCED NUTRITION**

Chair: Dr Kamala Krishnaswamy
Former Director, National
Institute of Nutrition, Hyderabad

1100-1105 Hrs. Observations By Chair

1105-1125 Hrs. A. Importance of Adequate and Balanced Nutrition
Dr B K Nandi
President, Society for Nutrition, Education and Health
Advancement & Senior Food and Nutrition Officer, FAO Asia
Pacific Regional Office (Retired), Kolkata

1125-1150 Hrs. B. The Key Roles of Sweetness in Health-Promoting Diets
and Lifestyles
Dr. Adam Drewnowski, PhD
Director, University of Washington Center For Obesity
Research (Seattle, USA)

1150-1210 Hrs. C. Why Manage Sweetness
Dr Maxime Buyckx, MD
Beverage Institute for Health and Wellness (Atlanta, USA)

1210-1220 Hrs. **DISCUSSIONS**

1220-1225 Hrs. Sum Up By Chair

1225-1350 Hrs. SESSION 2: DIET AND NUTRITION PROFILE: INDIA

Chair: Dr. B K Nandi
President, Society for Nutrition, Education
and Health Advancement & Senior Food and Nutrition
Officer, FAO Asia Pacific Regional Office (Retired), Kolkata

1225-1230 Hrs. Observations By Chair

1230-1250 Hrs. Nutritional Profile of Indian Population
Dr B Sesikeran
Director, National Institute of Nutrition, Hyderabad

1250-1310 Hrs. Diet and Lifestyles
Dr Shobha Udipi,
Professor and Head, SNTD Women's University, Mumbai

1310-1330 Hrs. Sweetness in Indian Cuisine and Culture
Dr. Deepti Gulati
Nutrition and Public Health Consultant, New Delhi

1330-1340 Hrs. DISCUSSIONS

1345-1350 Hrs. Sum Up By Chair

1350-1430 Hrs. LUNCH BREAK

1430-1550 Hrs. **SESSION 3: SCIENCE FOR HEALTH, DIET,
AND LIFESTYLES**

Chair: Dr. N K Ganguly
Professor, National Institute of Immunology, New Delhi

1430-1435 Hrs. Observations By Chair

1435-1455 Hrs. Safety Evaluation and Safety of Non-nutritive
Sweeteners
Dr. Bernadene Magnuson
Adjunct Professor, Nutrition Sciences
University of Toronto, Canada

1455-1515 Hrs. Food Regulations and Safety of Food Ingredients
Prof. J S Pai
Protein Foods and Nutrition Development Association of India,
Mumbai

1515-1535 Hrs. Handling Sugar and Sweeteners Intakes – Indian Experience
Dr Rekha Sharma
Diabetes Foundation of India, New Delhi

1535-1545 Hrs. DISCUSSIONS

1545-1550 Hrs. Sum Up By Chair

1550-1650 Hrs. **SESSION 4: CALORIE BALANCE**

Chair: Dr Maxime Buyckx, MD
Beverage Institute for Health and Wellness (Atlanta, USA)

1550-1555 Hrs. Observations By Chair

1555-1615 Hrs. Why Manage Calorie Balance
Dr. John Foreyt PhD
Professor, Department of Medicine, Behavioral Research, Center,
Baylor College of Medicine (Houston, USA)

1615-1635 Hrs. Importance of Physical Activity in Maintaining the
Calorie Balance Equation
Dr Y. Venkataramana
Scientist D, NIN, Hyderabad

1635-1645 Hrs. DISCUSSIONS

1645-1650 Hrs. Sum Up By Chair

1650-1730 Hrs. **CONCLUDING SESSION**
