

Health & Longevity Through Chai: The Wonder Beverage

Recent Scientific Findings on Tea Components & Health Effects

Wednesday, October 12, Hotel Le Meridien, New Delhi

Conference Agenda

**Sponsored By
International Life Science Institute-India**

**Co-Sponsored By
Tea Board, Ministry of Commerce & Industry, GOI
National Institute of Nutrition
National Tea Research Foundation**

Conference Agenda

09.15-10.00 Hrs.	Tea and Registration
Time	Session/Topics
10.00-11.00 Hrs.	Opening Session
	Welcome Address Mr D H Pai Panandiker, Chairman, ILSI-India
	Opening Address Ms Roshni Sen, Deputy Chairman, Tea Board, Department of Commerce, Ministry of Commerce and Industry, GOI
	Vote of Thanks Mr N M Kejriwal, President, ILSI-India
11.00-13.00 Hrs.	Session One: The World of Tea Chair: Dr V Prakash, FRSC, Distinguished Scientist of CSIR and President, Nutrition Society of India
	Observations by the Chair and presentation on Safety of Safe Tea
	Tea Industry- Global Trends Dr N Muraleedharan, Advisor, Tea Research Foundation
	Broad Compositional Differences and Benefits: Flavonoids, Theanine, Caffeine Prof. Sandip K Bandopadhyay, Advisor, National Tea Research Foundation
	Tea – The Right Perspective Dr. Dharini Krishnan, Dietitian, Former National President, Indian Dietetic Association
	Discussions
13.00-14.00 Hrs	Lunch Break

14.00-16.15 Hrs.	Session-Two: Tea and Health – Recent Evidence of Health Benefits Chair: Dr B Sesikeran, Director, National Institute of Nutrition
	Observations by Chair
	Tea and Vascular Health: Evidence Emerging from Epidemiological and FMD Studies Prof. Claudio Ferri, MD, Professor of Internal Medicine, University of L'Aquila – San Salvatore Hospital
	Multicentric Study on The Effect of Tea in Cerebrovascular Disease Dr Amar Kr Misra, Stroke Unit, Stroke unit, Ramakrishna Mission Seva Pratishthan
	Value Addition to Tea with Micronutrients, Flavors and Herbs Dr Gautam Banerjee, Hindustan Unilever Research Center
	Eliminating Toxicity of Smoking Through Tea Dr Koustubh Panda, Head & Coordinator, Dept. of Biotechnology & Dr. B.C. Guha Centre For Genetic Engineering & Biotechnology, University of Calcutta, Director, West Bengal Biotech Development Corporation, Adviser, Science & Technology, Govt. of West Bengal
	Elucidation of Physiological Functions of Tea Catechins and their Multiple Practical Applications Dr Yukihiko Hara President, Tea Solutions and Visiting Professor of School of Food and Nutritional Science, University of Shizuoka
	Discussions
16.15- 17.30 Hrs.	Session-Three: Panel Discussion on The Way Forward Chair: Dr V Prakash & Dr B Sesikeran
	Observations by Chair: Dr V Prakash Dr B Sesikeran
	Observations by Panel of Experts: Dr T C Chaudhuri, Ex Director (Research), Tea Board Dr Madhulika Prakash, DDG, Bureau of Indian Standards Dr S C Khurana, DMI, Department of Agriculture Cooperation Dr Prakash D Virkar, Hindustan Unilever Research Center
	Discussions
17.30 Hrs.	Closing Remarks by ILSI-India